



Dorena Volkmann

Chief Operations Officer



PROFESSIONAL SUMMARY

Dorena Volkmann is a licensed physiotherapist, osteopath and alternative health practitioner accredited in Germany with over 2 decades of experience in health treatments for over 85.000 clients from all over the world. As a self-employed practice owner she has as well coached most of her clients on a physical, emotional and mental level to overcome suffering.

Dorena has acquired a lot of experience in project and program management for the Mind-Foundation.org and the Beyond Experience Integration Program which was implemented to face challenges after the use of Psychedelics in different settings. She combines alternative health methods treating all ages from new-born babies to the elders, tries to merge different medicine branches from chinese medicine, ayurveda, nutrition and academic and complementary medicine into the best treatment a client can get, detached from any health concepts.

She currently contributes to the Redeeming Hope for the Disabled Organization in South Africa.

Dorena Volkmann has attended various other training courses and further education in the fields of medicine, communication and data protection. Having worked mainly in the areas of management, process optimisation and administration, she would now like to bring to you the analytical and conceptual experience and skills she has gained in the past.

In her previous positions she was and is responsible for various strategic projects of functional and technical processes, the coordination of all activities as well as for the development and promotion of colleagues. She has successfully managed projects and supported people with their treatment, while always keeping the focus on the company's goals.

As an interface between departments and to ensure focus on all important issues, Dorena enthusiastically identifies the key drivers of complex issues, skillfully communicates this knowledge, works out compromises where necessary and ensures that an efficient and targeted solution can be implemented by designing implementation options.

Dorena Volkmanns previous experience, her communication skills as well as her expressiveness enables her to build profitable relationships with patients, colleagues and key decision makers. Her expertise in research with strong influences from administration, documentation and business coordination enables her to effectively implement the tasks at hand. She reliably masters current challenges in order to achieve immediate and long-term goals in a promising manner.

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Education

1985-1994

Besselgymnasium Minden / Westfalen / Germany
General Higher Education Certificate

1996-1999

Dorothea C. Erxleben Schule, Bad Oeynhausen/Germany
Exam in Physiotherapy

2002-2007

College Sutherland / Germany
Degree in Osteopathy, Part-Time Training

2010

Health Department, Senat Berlin zu Tempelhof-Schöneberg / Germany
Authorised Alternative Health Practitioner

Skills

- Multi-Tasking
- Flexibility and Reliability
- Team-player
- Listening and Attention for Details
- Critical Thinking
- Integrity

Languages

German (Mother Tongue)
English (Fluent)
French (Basic Conversation)

EMPLOYMENT RECORD

Clinic Porta Westfalica | Bad Oeynhausen/Germany

May 1999 - Juli 2000

Rehabilitation Center TZR am Rudolfplatz | Köln/Germany

Aug 2000 - July 2001

Practice for Physiotherapy Kybelka | Königswinter/Germany

Aug 2001 - Jan 2004

Private Practice for Physiotherapy Schreier | Köln/Germany

Feb 2004 - June 2004

Freelance physiotherapist and osteopath in different practices | Berlin/Germany

Sept 2004 - 2010

Self-employed osteopath and alternative health practitioner in different settings | Berlin/Germany

Jan 2010 - today

CERTIFICATIONS & TRAININGS

Second Degree Reiki

Scarab Deva Usui/Holy Fire ® III Reiki Master 2022

Food as Medicine

Monash University Australia 2021

Auricular Acupuncture

Paracelsus School Deutschland 2021

The Spinal Transitions (MLMR Techniques)

Still Academy - D. Herbert D.O. (UK) 2021

The Science of Well-Being

Yale Universität 2021

Data Protection for Patients

Perseus 2020

Vegan Low-Carb Diet Diplom

Center of Excellence 2020

Molecules of Health: Hormones, Peptides and Homeostasis

Mitha & Sonntag Seminars 2019

Trauma, Emotions and bifocal Integration in Osteopathy

Osteopathy School Germany (OSD) 2019

The Limbic System

KIOM Postgraduate Seminars 2018

Osteopathic Treatment for Newborns, Infants and Children

osteopathie1.de - Tom Esser 2017

Osteopathic Treatment for Newborns, Infants and Children

Mitha & Sonntag Seminars 2017

First Aid for Newborns, Infants and Children

Die Johanniter 2017

Biodynamic Paediatrics

osteopathie1.de - Tom Esser 2017

The Cranial Treatment according to Beryl Arbuckle

Still Academy - Dr. Kenneth Lossing 2017

Menue for the Brain: How Diet Influences our Brain Function

ADMEDIA Seminarcenter - Prof. Dr. Nelson Annunziato 2017

Biodynamic Paediatrics 1

osteopathie1.de - Tom Esser 2016

Seminar Leader for Music and Vocal Pedagogy, Music Therapist for Children and Young People

IEK Institute for Development and Communication 2015

Manipulation Seminar for Women Only: Spine and Hips
Osteopathy School Germany (OSD) - Lucia Pereira DO **2015**

Fascia as a Sensory Organ
Still Academy - Dr. Robert Schleip **2015**

Sound Bowl Meditation
Peter-Hess-Institute **2015**

Inspiring Children with Language and Sound
Peter-Hess-Institute **2015**

Osteopathy meets Phoniatics - Part I
Still Academy - Dr. J.-B. Roch D.O. **2014**

Accredited EFDMA Therapist
European Fascial Distortion Model Association (EFDMA) **2014**

Osteopathy meets Phoniatics - Part II
Still Academy - Dr. J.-B. Roch D.O. **2014**

The Singing Osteopath
Still Academy - Dr. J.-B. Roch D.O. **2014**

Osteopathy for Infants and Toddlers
Still Academy - Dr. C. Defrance de Tersant D.O. **2012**

Vocal Dysfunctions
Osteopathy Forum **2011**

Academic research and writing - Methodology in Scientific Work
AFO Akademy for Osteopathy **2009**

USUI Reiki System of Natural Healing
Reiki Master Mary Alexandra McFadyan **2008**

Acupuncture Massage According to Penzel
APM Penzel Institute **2007**

Kinesiology - Touch for Health, Part I
Schaumburger Training Seminar **2000**

Cyriax Treatments of the Lower Limb
Schaumburger Training Seminar **2000**

Cyriax Treatments of the Spine
Schaumburger Training Seminar **2000**

Accredited Lymphoedema Therapist
Dr. Vodder School Walchsee **2000**

Kinesio-Taping Part I
Therapy Center Hörstel **1999**

Foot Reflexology Therapy
Clinic Porta Westfalica **1999**

Sport Physiotherapy
Clinic Porta Westfalica **1999**

Cyriax Treatments of the Upper Limb
Schaumburger Training Seminar **1999**

ADDITIONAL SKILLS

- *MS Office – Word, Excel, PowerPoint*
- *Apple iWork – Pages, Numbers, Keynote*
- *Asana*
- *WordPress, Wix, Jimdo*
- *GOOGLE UX Design*

MEMBERSHIPS & ENGAGEMENT

Member

VOD and BVO (Osteopathic Associations in Germany) and EFDMA

Volunteer

Redeeming Hope for Disabled Refugees in Johannesburg, ZA

Since 2015

Sponsor

Plan International El Salvador

Since 2008

Volunteer Handball Coach

1990 - 2000

INTERESTS

- Travel & Cultures
- Nature
- Tennis & Badminton
- International Culinary
- Singing